

Back up and Disaster Recovery

Securing your data, ensuring business continuity



Protecting Your Data from Disruption

Data loss and downtime can halt productivity and cost you money. Our backup and disaster recovery solutions ensure business continuity—whatever happens.



Data Protection

Automated backups safeguard critical files and systems, reducing the risk of data loss and enabling quick recovery.

- ✓ Continuous backup
- ✓ Cloud storage
- ✓ File integrity



Disaster Recovery

Fast, reliable recovery plans restore systems and operations with minimal disruption following unexpected events.

- ✓ Rapid restore
- ✓ Failover systems
- ✓ Tested protocols



Business Continuity

Keep operations running and reduce downtime with a continuity strategy tailored to your organisation.

- ✓ Risk planning
- ✓ Uptime assurance
- ✓ Workflow recovery

Don't wait till your network shuts down
before saving your data...



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About Us



Why Choose Us



Reliable Support, Anytime

We go beyond 9–5, offering support from 8am–6pm, with optional 24/7 coverage—including evenings, weekends, and bank holidays. Whenever you need us, we're there.



Proactive Monitoring & Management

Our real-time monitoring detects and resolves desktop issues before they impact your business. You'll also gain full visibility through our asset management portal.



Robust Security & Maintenance

We prioritise security with anti-virus protection, malware monitoring, and scheduled patch management—keeping your systems safe with minimal disruption.

Don't just take our word for it...

"We partnered with enablesIT in mid-2020 and all our contacts there are friendly and efficient – I don't have to chase up on queries and the projects are managed professionally."

Quantum Design

"We have entrusted enables IT with managing and arranging numerous projects which have been completed successfully allowing our business to continuously operate effectively."

Prusik Investment Management

Our Services

IT Services

- User & Device Support
- Network & Infrastructure Management
- Cybersecurity & Compliance
- Cloud & Backup solutions
- Proactive Monitoring & Automation
- IT Consultancy & Strategy

Project Delivery

- Network Architecture
- Network Cabling
- Wireless Service
- Project Services
- Install Move Add Change



Don't wait for a network issue to disrupt your operations



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